NATIONAL ASSOCIATION OF LONG TERM CARE ADMINISTRATOR BOARDS
2020 Annual Meeting Program

All meetings and events, except for the Thursday night 50th Anniversary Celebration, will take place at the Monterey Plaza. Times are subject to change.

Wednesday, June 3, 2020

1:00 pm – 2:00 pm  NAB Foundation Meeting
2:00 pm – 6:00 pm  Registration
3:00 pm – 4:00 pm  Orientation to NAB (open to all - especially first time attendees)
4:00 pm – 6:00 pm  Academic Forum
                      NCERS Forum
                      State Executives Forum
                      State Board Members Forum
6:30 pm – 8:00 pm  Chairman’s Reception

Thursday, June 4, 2020

7:30 am – 8:15 am  Breakfast
8:15 am – 8:30 am  Opening Remarks
8:45 am – 10:30 am Member Relations and Outreach Committee Meeting
                      Continuing Education Committee Meeting
10:30 am – 10:45 am Break
10:45 am – 12:30 pm Education Committee Meeting
                      State Governance and Regulatory Issues Committee Meeting
11:30 am – 12:30 pm Exam Development Orientation (If you are interested in serving on an Exam Committee or as an Item Writer, or want to learn more about the exam development process, this orientation is a MUST attend)
12:30 pm – 1:45 pm  Lunch and Leadership Recognition Awards
2:00 pm – 3:15 pm  Keynote Presentation: Compassionate Care = Care with Dignity
3:30 pm – 4:30 pm  Bylaws Committee Meeting
5:30 pm – 9:30 pm  Social Event: NAB 50th Anniversary Celebration at the Folktale Winery and Vineyards

Friday, June 5, 2020

8:00 am – 9:00 am  Breakfast Buffet
9:00 am – 12:00 pm Board of Governors Meeting
1970…it was the year in which the Concorde took its first supersonic flight, when the United States celebrated its first Earth Day, and when 100,000 individuals took Washington, DC by storm to protest the Vietnam War. June 1970 was also when several states came together at a meeting of the American Health Care Association to explore interest as well as the feasibility in creating a national association of state NHA licensing boards. Discussions began when amendments to the Social Security Act suddenly required each state participating in the Medicare/Medicaid programs to establish a process to license Nursing Home Administrators (NHAs). These discussions led to the beginning of what ultimately became known as the National Association of Long Term Care Administrator Boards or as most of us fondly know it: NAB.

For 50 years, NAB has continued to innovate our existing programs and services while launching new initiatives in order to advance public protection along the senior living and health services continuum. Whether you are a current member, or past or present leader within NAB, please join us for our 2020 Annual meeting June 3-5, 2020 in Monterey, CA. It is thanks to you, our members and volunteer leaders, that we can celebrate 50 years of innovation, quality, and collaboration. We, along with countless individuals receiving NHA, RCAL, or HCBS services, sincerely appreciate you and hope we will see you in Monterey.
Please join us for

**NAB’s 50th Anniversary at Folktale Winery**
as we celebrate the past and look to the future.

An outdoor reception will be held from **6:00 to 7:00 pm in the Rose Vineyard.**
Followed by dinner & dancing in the Barrel Room.

We will be sharing memories & honoring past chairs.

**It is an event you won’t want to miss!**

*Dress code: cocktail attire*
Join us on Thursday, June 4, 2020 for our general session as we explore what it means to provide Cognitive Care. Cognitive Care Education (also known as Dementia Education) is the amount and type of education provided to cognitive care providers. This education explains how to care for cognitively impaired individuals including the knowledge and skills needed to understand cognitive impairments and the requisite standards to improve quality of care and life. (Source: Porter et al. 2018).

Join us during the 2020 NAB Annual meeting where Dr. Russell Porter, Ph.D., Ed.D. will share his research findings on the significant need for comprehensive cognitive care instruction for those who work along the continuum of professional healthcare as well as in home care and hospice environments. Dr. Porter will share the history of cognitive care while highlighting interventions that can be done across all aspects of the long term care continuum to ensure the highest quality of life for the cognitively impaired.

This session is approved for 1.25 NAB approved CE credits and will count towards in person credits for licensure renewal.

Russell Porter, Ph.D., Ed.D. is the Vice President of Research and Economic Development at Texas A&M University – Central Texas, where he provides leadership for all research and economic development activities at the university to enhance community development. Dr. Porter was previously licensed as a nursing home administrator in NY and VA, after his initial work in acute care settings. He was the CEO of a 190 bed sub-acute to assisted living facility where he implemented cognitive care initiatives. He earned his first doctoral degree in Philosophy from the Medical College of Virginia, Virginia Commonwealth University and continued his studies to earn a Doctor of Education from the Higher Education Administration – University of North Texas. He has over 25 years of experience in Healthcare, Healthcare Consulting, and Higher Education Administration, and has conducted specific research in the area of Cognitive Care Education for over 35 years. His research was instrumental in the development of the Cognitive Care Certification Exam (CCC).
WELCOME TO MONTEREY, CA

Monterey County offers iconic California experiences, with a little something special for everyone, just waiting to be enjoyed. Experience the top road trip in the United States as you wind along the breathtaking Big Sur coastline on Highway 1. Enjoy an ocean view hotel on the beach, and then explore the shops and attractions of iconic Cannery Row. Sip handcrafted wines at tucked-away tasting rooms where the winemaker might just be the person pouring. Take a surfing lesson and catch a glimpse of a barefoot beach wedding as you ride your board to shore. Play 18 holes at legendary golf courses, or just hang out at the 19th hole and watch the pros practice. Pack a picnic and watch the sunset on the white sands of Carmel Beach. Monterey is an unforgettable destination that will invigorate your soul.

Some of the many attractions in Monterey include:

Cannery Row

Cannery Row, with specialty shops, local artists’ galleries, and more than 25 restaurants, is a popular destination in Monterey. Bike and surrey rentals, as well as scuba diving, kayaking and whale watching can be enjoyed in Cannery Row.

Carmel by the Sea

Carmel by the Sea, at just one-square-mile, Carmel-by-the-Sea is Monterey County’s smallest village, but for what it lacks in size, it more than makes up for in excitement. This notoriously charming European-style town offers a plethora of activities and attractions including cozy bed and breakfasts, art galleries, culinary delights, wine tasting rooms, performing arts venues and the famous white sands of Carmel Beach.

Monterey Bay Aquarium

Monterey Bay Aquarium, located at the ocean’s edge, is a window to marine life -- for dive masters and non-swimmers alike. It’s home to sea otters, penguins, sharks, jellies and thousands of other marine animals and plants. Its mission is to inspire conservation of the ocean.
Whale Watching

Whale Watching in Monterey Bay is the marine equivalent of going on a safari in Africa. The diversity on the Monterey Bay is amazing. In addition to the whales that migrate seasonally through the area, such as humpbacks, blue whales and gray whales, many other whale species are visible throughout the year. It’s not unusual for whale watchers to spot a fin or minke whale. The rarely observed beaked whale, which dives for up to an hour at a time, has been known to make a cameo appearance, as has the occasional sperm whale.

Top Ways to Grab Life by the Moments in Monterey

– this is also a great resource to reference!

For more information on attractions in Monterey, CA, please visit www.seemonterey.com.
HOTEL AND RESERVATIONS

The 2020 Annual Meeting will be held at the Monterey Plaza Hotel & Spa, 400 Cannery Row in Monterey CA. Perched dramatically on historic beachfront property above the crashing surf of the Pacific, Monterey Plaza Hotel & Spa delights its guests with classic, California coastal experiences animated by an irresistible spirit of conviviality and play. Here you’ll be welcomed with warm hospitality and elegantly appointed guest rooms with thoughtful extras and luxury touches. From their chef-driven oceanfront restaurant, award-winning rooftop luxury spa and prime location steps from charming Cannery Row, their elegant oceanfront hotel is the centerpiece of Monterey Bay. https://montereyplazahotel.com/.

Reservations

A limited number of guestrooms have been reserved at a discounted rate of $229.00 single/double per night plus a $15.00 resort fee per night (additional state and local taxes on room rates and resort fee will apply, currently at 11.795% and a $2.00 Monterey County Tourism fee) for NAB attendees. The resort fee includes high speed wireless internet, local calls, valet parking and access to fitness center.

To make reservations, please call 1-800-334-3999 and mention you are attending the NAB meeting. In order to receive the discounted group rate reservations must be made by May 13, 2020. After May 13, 2020, or once the block has been filled (whichever comes first), reservations will be accepted on a space- and rate-available basis. Check-in time is 4:00 PM and check-out time is 12:00 Noon. You will be required to provide a credit card in which an advance deposit will be charged to guarantee the reservation.

The following link can also be used to reserve your room.

**Please note the URL Link will NOT work on mobile devices, to book pre/post stay dates (before 6/1 or after 6/6), or to upgrade your room type. Attendees will have to call the reservations department, 1-800-334-3999, directly for these matters.

Transportation

Monterey Regional Airport (MRY), served by Alaska, United, and American airlines, is the nearest local airport. It is approximately a 10-minute drive from the Monterey Plaza Hotel. Taxi and rideshare services are available from the airport to the hotel.

San Jose International Airport (SJC), served by Alaska, American, Delta, Southwest, United, as well as secondary airlines, is about 75 miles from the Monterey Plaza hotel. Ride share services and rental cars are available at the airport.

The Monterey Airbus Shuttle offers service from the San Jose International Airport to the Monterey Plaza Hotel for approximately $50 for one person/ one way. Booking more than one person for the shuttle at a time does offer a slight discount. To book the shuttle, please visit https://www.montereyairbus.com/reservations.

Dress

Business casual attire is appropriate for all meetings. The average temperature for Monterey, CA in June is in the mid 60s F during the day and in the lower 50’s F in the evenings.
2020 Annual Meeting
Monterey Plaza Hotel & Spa
400 Cannery Row
Monterey, CA  93940
June 3 – 5, 2020

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