FOR IMMEDIATE RELEASE

Contact: Randy Lindner
202-712-9040

Study Concludes That NAB Exam Scores Correlate with Successes of Long Term Care Administrators and 5-Star Ratings

WASHINGTON, DC—A recent study, supported by the Foundation of the National Association of Long Term Care Administrator Boards, finds that education and training, positively impacts the development of successful long term care administrators, as well as facilities’ Star ratings.

“The research team found that better education and field training leads to better Nursing Home Administrator (NHA) exam scores,” stated Jennifer Johs-Artisensi, PhD of the University of Wisconsin-Eau Claire. “It’s clear that education and training greatly impact the success of administrators, as well as quality of care, in a positive way.”

Additional key findings included:

- Education and training “stringency scores” were developed for each state, based on their NHA licensing requirements. Using NAB exam data from 2001 through 2009 it was found that both higher degree requirements and longer Administrator-in-Training requirements were correlated with better exam scores;

- The research team then identified where these examinees were publically listed as “administrator of record” in 17 states (AL, AZ, CO, MA, MN, MO, NC, ND, NH, NJ, NM, OK, SC, SD, TN, VT and WI) as well their facilities’ most recent 5-Star ratings. The team found that NHAs with higher exam scores have better overall Star Ratings, Health Inspection Star Ratings and fewer Total Enforcement Actions Counts in their current facilities.

“NAB is a respected leader in the development of the entry-level Nursing Home Administrators (NHA) exam and the Residential Care/Assisted Living Administrators (RC/AL) exam, as well as in continuing education programs,” said Randy Lindner, President and CEO, National Association of Long Term Care Administrator Boards (NAB). “We have set the standards in our industry and know that meeting those standards improves overall quality of care.”

Research team participants included Douglas Olson, PhD and Jennifer Johs-Artisensi, PhD of the University of Wisconsin-Eau Claire; Nicholas Castle, PhD, University of
Pittsburgh; Steve Chies, Benedictine Health System and St. Joseph’s College of Maine; and Robert Burke, PhD, George Washington University.

The complete study can be found on the NAB Web site at [www.nabweb.org](http://www.nabweb.org).

**About the Foundation of the National Association of Long Term Care Administrator Boards**

The Foundation of the National Association of Long Term Care Administrator Boards (the “NAB Foundation”) is a nonprofit organization established to promote and enhance the profession of long term care administration to and on behalf of the organization’s members. The Foundation was also created for the purpose of promoting quality care and public protection for the disabled and frail elderly populations.

For more information, call Randy Lindner at (202) 712-9040, or visit [www.nabweb.org](http://www.nabweb.org).

###